

Personal Metaphors

Make a list of metaphorical comparisons. Think, "If I were an animal, what kind of animal would I be?" For each item, write a general label and then your specific comparison. Be realistic, be somewhat honest, and explain your choices. Don't say you're a rose, if you're really more like a daisy.

Example:

Animal – I am a bull (in a china shop according to my mom). The reason I am like a bull is because I am big and seem to wipe out whatever is in my way. For example, I seem to brake stuff in our house all the time. I knock over lamps, run into doorways, and drop glasses. In football, I am also good as pushing people out of my way to get where I need to be.