

My Toddler Years

What was life like when you were a preschooler – from about ages 2 to 5? Write about the years before you started grade school.

Getting Started

1. What is your earliest memory? Describe it. Why do you think you remember it?
2. Describe yourself as a preschooler. What did you look like? What did you enjoy doing? What was your favorite thing to eat? What was your general nature – sunny, shy, serious, quiet, ornery, etc?
3. How did you feel about baby sitters when you were small? Did you have a favorite babysitter? Who was it? Did you go to daycare? Where? What other kids were there?
4. What did you like to do as a kid? Who did you play with? What toys did you like? What were your favorite places to go?
5. What were your favorite foods?
6. Ask your parents (or others who remember you) to tell you about any one or all of the following:
 - something cute you did as a toddler
 - a time when you embarrassed someone
 - a time when someone was frightened for you
 - a time when someone was proud of you
 - a time when someone was irritated or annoyed with you
 - a time when you surprised someone
 - an incident that sums up your personality